Edible-pod Peas as High-value Crops in the U.S. Virgin Islands

Rhuanito S. Ferrarezi, Stuart A. Weiss, Thomas C. Geiger, and K. Paul Beamer

SUMMARY. Snow pea (Pisum sativum var. saccharatum) and sugar snap pea (P. sativum var. macrocarpon) are high-value crops typically grown in temperate regions. The main limiting factor to growing edible-pod peas in warmer U.S. states and territories is the objective was to evaluate edible-pod peas in tropical climates and make cultivar recommendations to farmers in the U.S. Virgin Islands based on fruit yield. Trials were performed in two consecutive years (2014 and 2015), testing six cultivars of edible-pod peas: three snow pea (Little Sweetie, Mammoth Melting, and Oregon Giant) and three sugar snap pea (Super Sugar Snap, Cascadia, and Sugar Sprint) in a complete randomized block with four replications. ‘Little Sweetie’ produced the highest total fruit yield for the season (15,442 kg·ha⁻¹) and ‘Mammoth Melting’ (4249 kg·ha⁻¹) and ‘Sugar Sprint’ (3349 kg·ha⁻¹) produced the lowest total fruit yield in Year 1. The same trend happened in Year 2, where ‘Little Sweetie’ (14,322 kg·ha⁻¹) and ‘Super Sugar Snap’ (12,511 kg·ha⁻¹) were higher yielding and ‘Mammoth Melting’ (4582 kg·ha⁻¹) and ‘Sugar Sprint’ (1929 kg·ha⁻¹) were the lowest yielding cultivars. ‘Mammoth Melting’ showed a marketable yield below 80% of total yield in Years 1 and 2. ‘Mammoth Melting’ and ‘Super Sugar Snap’ produced the tallest plants in Year 1, while ‘Mammoth Melting’ was significantly taller than the others in Year 2. As expected, sugar snap pea presented fruit soluble solids concentration (SSC) 2.7% to 6.5% higher than snow pea. The snow pea cultivars had longer mean fruit length (81 to 86 mm) than sugar snap pea (60 to 68 mm). The opposite trend occurred with fruit thickness; sugar snap pea averaged 28.5% thicker than snow pea. The shoot dry weight of ‘Sugar Sprint’ was on average 78.5% smaller than ‘Mammoth Melting’ and ‘Oregon Giant’, resulting in poor performance due to small plant size. ‘Mammoth Melting’ and ‘Super Sugar Snap’ had the lowest chlorophyll content compared with the other cultivars. Results of this experiment indicate that edible-pod peas have potential as a specialty, short-season, high-value crop when grown in the cool–dry winter months of the U.S. Virgin Islands. Of the cultivars tested, Little Sweetie was the highest yielding cultivar evaluated within the environmental and geographical conditions of this study for two consecutive years.

The most important difference between the types of green pod pea (P. sativum) is the pod shape at harvest (De Ron et al., 2005). English pea (P. sativum var. sativum) has fibrous pods that are shelled before processing (Strang et al., 2011). Snow pea (thin walls) has flat pods that are harvested when the pods have reached full size but before seeds have developed. Sugar snap pea (thick pod walls) has round pods that are harvested after seed development (Gross et al., 2014). In terms of flavor, texture, growth, and yield, they are very similar. For this reason, we will discuss the snow and sugar snap pea cultivars tested as simply edible-pod peas.

Edible-pod peas are an alternative crop for small farmers due to the short cycle, high yield, and high value of produce (Kahn and Nelson, 1991). Fresh peas could enhance small farm revenue by providing increased produce diversity, higher profitability, and specialty crop interest to direct market consumers. The main limitation for extensive production areas is the intensive use of labor since the crop requires constant harvesting (Kahn and Nelson, 1991).

Most cultivars of edible-pod peas reach maturity around 60 d after planting (DAP). Edible-pod peas are an annual crop propagated from seed. They are typically grown in temperate states, such as California, Kentucky, Oregon, and New York, with optimum growing temperature between 55 and 65 °F (Gaskell, 1997). Edible-pod peas can be produced during cool growing seasons (De Ron et al., 2005) and could therefore become a specialty crop for tropical and subtropical regions during seasonally cool months.

There is no information regarding edible-pod pea cultivation in the U.S. territories, especially the U.S. Virgin Islands. The performance of different cultivars should be evaluated under various environmental conditions (De Ron et al., 2005) since cultural information is scarce and the crop has a potential as an alternative crop for small farmers (Kahn and Nelson, 1991). Vegetable performance trials are still essential to vegetable growers to maximize the return and increase farm crop diversity (Williams and Roberts, 2002). Data on fresh edible-pod pea wholesale prices and on the quantity of fresh peas consumed in the U.S. Virgin Islands are also unavailable. Wholesale prices in Miami, FL, which presents the most similar climate, range from $12 to $13 for a 10-lb carton (USDA, 2015a). Local food production is encouraged to reduce reliance on food imports and keep food dollars in the local economy. One current trend in the local food movement is community-supported agriculture and farmers’ market stands. Increased consumer awareness and demand could eventually lead to higher volume markets (e.g., grocery stores).
and direct marketing to restaurants interested in serving high-quality, locally produced vegetables.

The optimal time to grow edible-pod peas in the U.S. Virgin Islands would be during the cool and dry months from November through March (Intelliscape, 2015). Temperatures higher than 80 °F are tolerated during vegetative growth but will encourage rapid fruit development, which can reduce yield and fruit quality, especially if harvests are not performed every 2 or 3 d. Planting during the rainy season can reduce the need for irrigation, but high humidity and frequent rains increase disease and pest pressure in general (Gaskell, 1997).

The objective was to evaluate the performance of edible-pod peas in tropical climates, and to make cultivar recommendations to farmers in the U.S. Virgin Islands based upon fruit yield from two consecutive years.

**Materials and methods**

**Location and environmental conditions.** Edible-pod peas were evaluated at the same field on 4 Feb. 2014 (Year 1) and 30 Jan. 2015 (Year 2) at the University of the Virgin Islands Agricultural Experiment Station (UVI AES), Kingshill, U.S. Virgin Islands (lat. 17°43’08” N, long. 64°47’46” W, 100 ft elevation). UVI AES is located on the island of St. Croix, which is the largest of three primary U.S. Virgin Islands. The territory presents an equatorial climate with dry summers (As) according to Köppen–Geiger classification (Kottek et al., 2006). St. Croix is characterized as having a tropical/subtropical environment with annual rainfall averages of 1041 mm and a mean monthly temperature range of 72 to 91 °F. Rainfall patterns exhibit interannual variability with an initial early rainy season beginning in May that can extend into June, then a dry period in July and August followed by the primary rainy season from August to November (concurrent with the Atlantic hurricane season); and finally an extended dry season that runs from December/January into May (Gonzales et al., 2007; USDA, 1998). Highest temperatures occur in August–October, and the lowest in January–February. The average monthly temperature on St. Croix is 83 °F (Godfrey and Hansen, 1996).

Daily rainfall, air temperature, relative humidity, and solar radiation were recorded throughout the studies using a weather station from the USDA National Water & Climate Center, Natural Resources Conservation Service (USDA, 2015c). The equipment was located 50 m from the experiment site. The following measurements were calculated for the two experimental growing seasons in 2014 (Year 1) and 2015 (Year 2), respectively: total rainfall averaged 198 and 87 mm; air temperature averaged (±SE) 24.86 ± 0.09 and 25.44 ± 0.10 °C; relative humidity averaged 85.61% ± 0.62% and 81.01% ± 0.54%; the vapor pressure deficit was calculated from the saturated and actual air vapor pressure using the air temperature and relative humidity data, and averaged 0.46 ± 0.02 and 0.62 ± 0.02 kPa; and daily solar radiation averaged 19.98 ± 0.48 and 18.79 ± 0.44 MJ·m⁻² (Fig. 1).

The soil on the experimental site is a Sion clay (SiB) according to the USDA soil survey (USDA, 2015b). Soil nutrient concentration was evaluated 21 d prior to edible-pod pea seeding on each block before planting on Year 2 (9 Jan. 2015); average soil pH = 7.5, soluble salts = 0.3 dS·m⁻¹, organic matter = 3.1%, and nutrient concentrations (mg·L⁻¹): nitrate-nitrogen = 14.0, phosphorus = 12.5, potassium = 237.5, calcium = 20,081, magnesium = 295, sulfur = 37.8, boron = 1.2, copper = 2.1, iron = 19.5, manganese = 19.8, zinc = 1.9, and sodium = 43. No data are available for Year 1.

**Treatments and experimental design.** We tested six different cultivars of edible-pod peas: three snow pea [Little Sweetie, Mammoth Melting, and Oregon Giant (described by Baggett and Kean, 1992)] and three sugar snap pea [Super Sugar Snap, Cascadia (described by Baggett and Kean, 1993), and Sugar Sprint]. ‘Sugar Sprint’ and ‘Super Sugar Snap’ seeds were procured from Twifley Seed (Hodeges, SC), ‘Mammoth Melting’ from Willhite Seed Inc. (Poolville, TX), and ‘Little Sweetie’, ‘Oregon Giant’, and ‘Cascadia’ from Stokes Seed Co. (Buffalo, NY). The experimental design was a complete randomized block with four replications in both studies (Years 1 and 2).

**Growing conditions.** The experimental area was managed using cover crops preceding pea planting. In Year 1, the experimental field was planted in ‘IAC-1’ sunn hemp [Crotalaria juncea (800,000 plants/ha)] in Aug. 2013; followed by ‘Rongai’ lablab [Lablab purpureus (400,000 plants/ha)] planted in Nov. 2013. In Year 2, the experimental field was planted with a cover crop mix of sunn hemp, ‘Hyb.’ sesame (Sesamum indicum), and ‘Black Oil’ sunflower (Helianthus annuus) in Oct. 2014. The plant population was 500,000, 100,000, and 50,000 plants/ha, respectively. Sunn hemp and lablab seeds were inoculated...
before planting with *Bradyrhizobium* sp. inoculant. The cover crops were terminated in Years 1 and 2 at 90 DAP with a rotary mower/shredder, followed by residue soil incorporation with a disk harrow. Fine seed bed preparation was completed by two passes with a roto-tiller 8 d prior to planting in both years.

Pea cultivars were hand seeded directly into the ground on 4 Feb. 2014 (Year 1) in double rows with 3-inch in-row spacing and 3 ft between double-row centers for a stand of 287,037 plants/ha. On 30 Jan. 2015 (Year 2) pea cultivars were hand seeded on a staggered single row with 4-inch in-row spacing and 3 ft between row centers for a stand of 107,639 plants/ha. This plant population adjustment in Year 2 was performed to facilitate hand harvesting, based on results from Year 1 and on the description of De Ron et al. (2005), who recommends 125,000 plants/ha. Seeds were inoculated before planting with *Rhizobium leguminosarum* biovar *viciae* inoculant to ensure root nodule formation (Pavek, 2012). Each experimental unit had three 6-m-long rows and data were collected from the center row in each plot. Plants were trained on 1.5 m tall × 0.15 m apart quadrangular plastic trellises (Hortonova 10FG; Tenax, Baltimore, MD) installed on the length of the row between metal T-posts at 3-m intervals for plant support. Edible-pod peas are usually cultivated on trellises to hand harvest the pods (Kahn and Nelson, 1991). However, short snap pea cultivars are developed for field production without trellis to allow for over the top mechanical harvest.

In Year 1, plots were irrigated daily based on visual observations. In Year 2, irrigation scheduling was determined by a weather-based method using calculated evapotranspiration (Harmsen, 2012). On both years, irrigation was applied using a 5/8-inch-diameter and 8-mil-thick drip lines with 0.2-gal/h emitters spaced every 4 inches (Aqua-Traxx, Bloomington, MN). A total of 60 and 100 lb/acre nitrogen was applied in Years 1 and 2, respectively, using 20N–8.7P–16.3K soluble fertilizer (Jack’s Professional; JR Peters, Allentown, PA) through a fertilizer injector (D45RE15; Dosatron, Clearwater, FL). A 4-inch-thick layer of hay mulch was applied 36 DAP (Year 1) and 24 DAP (Year 2) for weed suppression, to reduce soil surface temperature, and to minimize soil moisture loss.

The field was scouted for insect pests and plant diseases weekly until first harvest and then at every harvest. Lepidopterans (Lepidoptera) were controlled using *Bacillus thuringiensis* (DiPel DF; Valent Biosciences, Walnut Creek, CA) and stink bugs (Pentatomidae) were controlled using a pyrethrin-based spray (PyGanic Crop Protection EC 1.4II; McLaughlin Gormley King, Minneapolis, MN). Weeds were manually controlled at 15, 36, and 56 DAP (Year 1) and at 19, 27, and 49 DAP (Year 2).

**Measurements.** Seed germination was evaluated, and ranged from 87.5% to 100% on both years (data not shown). Harvests were performed on a semiweekly basis on 57, 62, 65, 69, 72, 76, 79, 82, 85, and 90 DAP for a total of 6 weeks with 10 harvests.

**Fig. 1.** Air temperature, solar radiation, rainfall, and vapor pressure deficit (VPD) over the 2 years (2014 and 2015) of experiments performed in Kingshill, U.S. Virgin Islands. \( \left( \text{°C} \times 1.8 \right) + 32 = \text{°F}, 1 \text{ MJ} \cdot \text{m}^{-2} = 0.0418 \text{ langley}, 1 \text{ mm} = 0.0394 \text{ inch}, 1 \text{ kPa} = 0.1450 \text{ psi}. \)
events in Year 1; and on 52, 56, 59, 61, 66, 70, 75, 77, 81, 84, 87, 90, 94, and 97 DAP for a total of 7 weeks with 14 harvest events in Year 2. We quantified the cumulative production to determine total and marketable yield (Years 1 and 2). We also determined plant height at 57, 76, and 90 DAP (Year 1) and 53, 73, and 90 DAP (Year 2) in 10 random plants per plot; and fruit SSC at 72 and 82 DAP (Year 1) and 73 and 87 DAP (Year 2) using a refractometer (RF15; Extech Instruments, Nashua, NH). Fruit SSC was sampled three times per plot with three fruit in each sample.

In Year 2, we also determined fruit size (length, thickness, and weight) in 10 fruit per plot; and shoot dry weight and chlorophyll content using a portable meter (atLEAF; FT Green, Wilmington, DE) in three samples per plot. We monitored the soil volumetric water content using four capacitance sensors (10HS; Decagon Devices, Pullman, WA) connected to a low-cost open-source microcontroller (Mega; Arduino, Ivrea, Italy). We used one sensor per block. System assembling followed Ferrarezi et al. (2015). Measurements ranged from 0.35 to 0.5 m$^3$/C1 m$^{-3}$ (data not shown).

**Statistical Analysis.** Data were analyzed using general linear model procedures in SAS (version 9.4; SAS Institute, Cary, NC) using a one-way analysis of variance model to test the six edible-pod pea cultivars. Probability values ≤0.05 were considered statistically significant.

**Results and discussion**

There were significant differences in total and marketable fruit yield for year and cultivar interaction

### Table 1. Analysis of variance for total and marketable fruit yield, plant height and soluble solids concentration for 2 years (2014 and 2015) and six cultivars of edible-pod peas [three snow pea (Little Sweetie, Mammoth Melting, and Oregon Giant) and three sugar snap pea (Super Sugar Snap, Cascadia, and Sugar Sprint)].

<table>
<thead>
<tr>
<th>Factor</th>
<th>Fruit yield</th>
<th>Plant ht</th>
<th>Soluble solids concn</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Total</td>
<td>Marketable</td>
<td>56$^a$ and 53$^a$ DAP</td>
</tr>
<tr>
<td>Model</td>
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<td>&lt;0.0001</td>
<td>&lt;0.0001</td>
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<tr>
<td>Year</td>
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<td>0.0966</td>
<td>0.0103</td>
</tr>
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<td>&lt;0.0001</td>
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<tr>
<td>Year × Cultivar</td>
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<td>0.0267</td>
<td>0.8341</td>
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<tr>
<td>$r^2$</td>
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<td>0.9035</td>
<td>0.9511</td>
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<tr>
<td>CV$^w$</td>
<td>17.22%</td>
<td>18.73%</td>
<td>6.16%</td>
</tr>
</tbody>
</table>

2014 (Year 1).
2015 (Year 2).
*Days after planting.
*Coefficient of variation.

Fig. 2. Total and marketable fruit yield of six cultivars of edible-pod peas [three snow pea (Little Sweetie (LS), Mammoth Melting (MM), and Oregon Giant (OG)) and three sugar snap pea (Super Sugar Snap (3S), Cascadia (CA), and Sugar Sprint (SS))] cultivated in 2014 (Year 1) and 2015 (Year 2). Dark grey bars indicate snow pea, whereas soft gray sugar snap pea. Means with same lowercase letters are not significantly different by Tukey’s multiple comparisons test at $P \leq 0.05$. Average and error bars (SE) of four replications; 1 kg ha$^{-1} = 0.8922$ lb/acre.
Table 2. Plant height and soluble solids concentration for 2 years (2014 and 2015) at different days after planting (DAP) and six cultivars of edible-pod peas {three snow pea [Little Sweetie (LS), Mammoth Melting (MM), and Oregon Giant (OG)] and three sugar snap pea [Super Sugar Snap (3S), Cascadia (CA), and Sugar Sprint (SS)]}. 

<table>
<thead>
<tr>
<th>Factor</th>
<th>Plant ht (cm)*</th>
<th>Soluble solids conc (%)</th>
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</thead>
<tbody>
<tr>
<td></td>
<td>56° and 53° DAP</td>
<td>76° and 73° DAP</td>
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<tr>
<td>Year</td>
<td>70.2 a**</td>
<td>99.5</td>
</tr>
<tr>
<td>2015</td>
<td>66.8 b</td>
<td>103.9</td>
</tr>
<tr>
<td>Cultivar</td>
<td></td>
<td></td>
</tr>
<tr>
<td>LS</td>
<td>65.4 c</td>
<td>82.6 d</td>
</tr>
<tr>
<td>MM</td>
<td>90.8 a</td>
<td>155.2 a</td>
</tr>
<tr>
<td>OG</td>
<td>67.4 c</td>
<td>92.8 cd</td>
</tr>
<tr>
<td>3S</td>
<td>83.7 b</td>
<td>129.5 b</td>
</tr>
<tr>
<td>CA</td>
<td>63.0 c</td>
<td>96.9 c</td>
</tr>
<tr>
<td>SS</td>
<td>40.8 d</td>
<td>53.0 c</td>
</tr>
</tbody>
</table>

*1 cm = 0.3937 inch.
**2014 (Year 1).
***2015 (Year 2).
†Days after planting.
‡Means followed by different letters, within columns and factors, are significantly different according Tukey’s multiple comparisons test at \( P \leq 0.05 \).
to higher yield in pea production is important when selecting a cultivar for tropical conditions. Plant heights in this study were 19.62% higher on ‘Little Sweetie’, 35.72% on ‘Oregon Giant’, 42.8% on ‘Cascadia’ in Years 1 and 2 compared with Strang et al. (2011); they were also higher than the 75 to 90 cm range indicated for ‘Oregon Giant’ (Baggett and Kean, 1992) and 75 cm for ‘Cascadia’ (Baggett and Kean, 1993).

Fruit SSC varied from 9.1% to 9.8% in Year 1 and from 9.8% to 11.1% in Year 2 (Table 2). SSC increased over time for all cultivars in both years (P > 0.05). Cultivar data were significant only on 82 and 87 DAP (Year 2), with ‘Super Sugar Snap’ presenting the highest value (Table 2). The fruit SSC increased 17.28% on average in Year 1 (over 10 d) and only 2.99% in Year 2 (over 14 d), probably due to the difference in the environmental conditions between years (Table 2). Although there was no significant difference in Year 1 in fruit SSC among cultivars, the sugar snap cultivars were only 2.74% higher than the snow pea

Fig. 3. (A) Fruit length, (B) fruit thickness, (C) fruit weight, (D) shoot dry weight, and (E) chlorophyll content of six cultivars of edible-pod peas [three snow pea [Little Sweetie (LS), Mammoth Melting (MM), and Oregon Giant (OG)] and three sugar snap pea [Super Sugar Snap (SS), Cascadia (CA), and Sugar Sprint (SS)]] cultivated in 2015 (Year 2). Data collected at 66, 77, and 82 d after planting (DAP). The conversion to SPAD units (index of relative chlorophyll content) was performed according to the calculations of Zhu et al. (2012). Dark grey bars indicate snow pea, whereas soft gray sugar snap pea. Means with same lowercase letters are not significantly different by Tukey’s multiple comparisons test at P ≤ 0.05. Average and error bars (SE) of four replications; 1 mm = 0.0394 inch, 1 g = 0.0353 oz, 1 mg cm⁻² = 0.0328 oz/ft².
Conclusions

It is possible to grow edible-pod peas in the cooler months on the island of St. Croix in the U.S. Virgin Islands. Results of this experiment indicate that both snow and sugar snap pea cultivars have potential as a specialty high-value crop. Even though there is high yield variability among cultivars, yields greater than those reported in temperate regions can be achieved using the management practices described in this publication. Of the cultivars tested, our results indicate that Little Sweetie was the highest yielding edible-pod cultivar evaluated within the environmental and geographical conditions of this study for two consecutive years.

Literature cited


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