



**University of the Virgin Islands
School of Education
Master of Arts in Education
Counseling and Guidance
Spring & Summer 2015**

Practicum

N 4

5 = Superior 4 = Excellent 3 = Good 2 = Below Average 1 = Very Low	1	2	3	4	5	NA
Basic Counseling Skills Proficiencies						
1. Demonstrated appropriate non-verbal attending skills.			25%	50%	25%	
2. Reflected content of client messages with appropriate frequency and accuracy.			50%	25%	25%	
3. Reflected client's feelings and attitudes with appropriate frequency and accuracy.			25%	50%	25%	
4. Reflected discrepancies in client communication.			50%	50%		
5. Skillfully self-disclosed when appropriate.			50%	50%		
6. Fostered specific and concrete (rather than general and abstract) communication.			25%	50%	25%	
7. Fostered immediacy in the counseling session.			25%	50%	25%	
8. Demonstrated a variety of responses and techniques.			50%	25%	25%	
9. Collaborated with client to establish clear therapeutic goals.			75%	25%		
10. Focused the session around client goals.				25%	75%	
11. Facilitated movement toward client goals.			50%	50%		
12. Moved neither too slow nor too fast for client.			50%	25%	25%	
13. Recognized and effectively addressed resistance.			50%	50%		
Theoretical and Other Professional Knowledge						
14. Showed understanding of the dynamics of client concerns/issues.			25%	50%	25%	
15. Showed knowledge of professional literature related to client concerns/issues.			25%	25%	25%	25%
16. Demonstrated consistent use of counseling theory.			25%	25%	25%	25%
17. Demonstrated creativity.			25%	50%	25%	
Personal Skills						
18. Showed tolerance for stress and discomfort, both personally and on the part of the client.			25%	50%	25%	
19. Made responses that flowed easily.			50%	25%	25%	
20. Exhibited appropriate self-assurance, confidence, and trust in own ability.			25%	50%	25%	
Outside of Counseling Sessions						
21. Accurately self-assessed.			25%	50%	25%	

22. Took appropriate steps toward increased education, consultation, and referral.				50%	25%	25%
23. Appropriately received and used feedback.			25%	50%	25%	
24. Completes client records promptly, with neatness, thoroughness, and accuracy.			25%	50%		25%
25. Adhered to ACA ethical standards, both in and out of counseling sessions.			25%	50%	25%	