University of the Virgin Islands  
School of Education  
Master of Arts in Education  
Counseling and Guidance  
Spring & Summer 2015

Practicum

N 4

<table>
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<tr>
<th>1 = Very Low</th>
<th>2 = Below Average</th>
<th>3 = Good</th>
<th>4 = Excellent</th>
<th>5 = Superior</th>
<th>NA</th>
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**Basic Counseling Skills Proficiencies**

1. Demonstrated appropriate non-verbal attending skills.  
   
2. Reflected content of client messages with appropriate frequency and accuracy.  
   
3. Reflected client's feelings and attitudes with appropriate frequency and accuracy.  
   
4. Reflected discrepancies in client communication.  
   
5. Skillfully self-disclosed when appropriate.  
   
6. Fostered specific and concrete (rather than general and abstract) communication.  
   
7. Fostered immediacy in the counseling session.  
   
8. Demonstrated a variety of responses and techniques.  
   
9. Collaborated with client to establish clear therapeutic goals.  
   
10. Focused the session around client goals.  
    
11. Facilitated movement toward client goals.  
    
12. Moved neither too slow nor too fast for client.  
    
13. Recognized and effectively addressed resistance.  
    
**Theoretical and Other Professional Knowledge**


15. Showed knowledge of professional literature related to client concerns/issues.  

16. Demonstrated consistent use of counseling theory.  

17. Demonstrated creativity.  

**Personal Skills**

18. Showed tolerance for stress and discomfort, both personally and on the part of the client.  

19. Made responses that flowed easily.  

20. Exhibited appropriate self-assurance, confidence, and trust in own ability.  

**Outside of Counseling Sessions**

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<th>Description</th>
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<tr>
<td>22.</td>
<td>Took appropriate steps toward increased education, consultation, and referral.</td>
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<td>23.</td>
<td>Appropriately received and used feedback.</td>
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<td>24.</td>
<td>Completes client records promptly, with neatness, thoroughness, and accuracy.</td>
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<td>25.</td>
<td>Adhered to ACA ethical standards, both in and out of counseling sessions.</td>
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