



## Wellness Center General Rules & Regulations

1. All patrons must present their UVI student ID cards or proof of Wellness Center membership and always check-in at the front desk.
2. Be courteous and respectful of others.
3. TV's remain muted. The TV channels and music selections are controlled at the front desk. Requests can be made on a sign-in sheet. Explicit programming and music is prohibited.
4. Cell phone use in the work-out areas is prohibited except when using the "ipod" application of the phone for listening to music, talking on the phone is limited to the lobby and use of headphones (earpods).
5. Please bring your own work-out towels to the Wellness Center.
6. No food, beverages (except water) or chewing gum permitted in the work-out areas.
7. For Health & Safety reasons, please wipe off equipment after use.
8. Swearing, grunting, loud noises, abusive language, and inappropriate behavior will not be tolerated.
9. Lockers are day use only; patrons must provide their own locks and remove the locks at the end of each work-out, which is a 1 hour limit.
10. Jeans, cut-off shorts, sandals, and flip flops are not permitted in the Wellness Center.
11. Shirts must be worn at all times; Shirts with offensive language are prohibited.
12. Shoes must be worn and clean and dry.
13. Children under the age of 16 are prohibited from working out in the work-out equipment room.
14. The UVI Wellness Center is not responsible for lost, stolen or damaged belongings. The lost and found is located at the front desk.
15. Allowing another person to use your University ID or membership card is strictly prohibited and subject to revocation of your membership.